

THE BOOK OF  
**FIRST PETER**

SESSION 7: HANDOUT

**SESSION BIG IDEA**

*As believers lead and submit in their various roles within the Church, they should remain humble toward God in their suffering and watchful of the enemy until the day Christ calls them home in glory.*

**THINGS TO LOOK FOR  
IN THE VIDEO**

**At the start of the session, what does Kyle describe as the main point of the book we have been studying?**

**What is our only true hope as Christians?**

**What do we gain from pursuing humility?**

**BIBLE STUDY NOTES**



**1 PETER 5:1-14**

*Notes*

**PERSONAL REFLECTION  
& APPLICATION**

**What are some of the ways that you are contributing to unity within the body of Christ? How could you be more intentional about doing so based on everything you've learned from this series?**

**How have you experienced God's care for your concerns in the past?**

**What anxieties do you need to "cast" upon him today? What would change about your life if you were to do so?**

**LIVE IT OUT**

*Select at least one activity below to complete before next week.*

**Pray:** Spend some time this week offering up your concerns and anxieties to God. Trust that he cares not only for your fears, but also for you yourself.

**Confess:** As the Holy Spirit convicts you, confess whatever pride you see in your life as a result of this session. Ask the Lord to cleanse you and replace it with humility.

**List:** Make a short list of 2–3 practical life changes you can make based on what you've learned from this study. Place it somewhere that you will see it daily and continue striving to live according to God's Word in the days ahead.